

PARENT GUIDE

Lesson 5.4: Refuge

JOURNEY

WITNESSES

► SCRIPTURE READING

Psalm 36

SUMMARY:

Many colleges nowadays are creating safe spaces on campus, locations where students are sheltered from abuse and offensive ideas. But did you know that the church was the original safe space? Hence, a sanctuary. This should not surprise us, as throughout the Bible God is constantly called our refuge. Many of the Psalms were written by David, who relied heavily on God as his refuge. His life was in danger many times and he constantly cried out to God to save him from his enemies. And God was always faithful.

Students may also be facing hardships and persecution for being a witness for Christ. In America, students may be mocked and called names. In other countries, a witness could be imprisoned or even put to death. This week we focus on the refuge and strength found only in Christ.

► DISCUSSION QUESTIONS:

- Talk to me about the most interesting thing you learned from this week's lesson.
- How do you take shelter in Christ?
- Do you rest and find refuge in your own work or in your identity in Christ? Explain how.
- How do you encourage others to find refuge in Christ rather than circumstances?
- Tell me your next steps based on what you've learned. How can I help?

► CORE VERSE

Psalm 36:7-9

► CORE CONCEPTS

Refuge and shelter can be found in God alone, no matter what the circumstance.

Refuge: A place of safety, shelter, and protection; a sanctuary